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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Scrambled Eggs  Tortillas  Salsa  Cheese  Cereal  Milk  Breakfast Juice | Pancakes  Margarine  Syrup  Cereal  Milk  Breakfast Juice | French Toast  Margarine  Syrup  Cereal  Milk  Breakfast Juice | Scrambled Eggs  Hashbrown Patty  Cereal  Milk  Breakfast Juice | Pancakes  Margarine  Syrup  Cereal  Milk  Breakfast Juice | Corn Bread  Fruit  Yogurt  Cereal  Milk  Breakfast Juice |
| Veggie Hot Dogs  Buns  Cheese  Tater Tots  Ketchup  Mustard  Relish  Cookies  Bug Juice/Water | Grilled Cheese Crackers  Tomato Soup  Yogurt  Bug Juice/Water | Veggie Patties  Buns  Lettuce  Tomato  Cheese  Chips  Mayonnaise  Ketchup  Applesauce  Bug Juice/Water | Veggie Nuggets  Ketchup/BBQ  Rolls  Carrot Sticks  Celery Sticks  Ranch  Cookies  Bug Juice/Water | Veggie Patties  Buns  Lettuce  Tomato  Cheese  Pickles  Ketchup, Mustard  Macaroni Salad  Watermelon  Bug Juice/Water | Cold Veggie Wrap  Chips  Cookies  Bug Juice/Water |
| Pasta w/veggie crumbles & sauce  Salad  Salad Dressing  Grated Cheese  Italian Bread  Margarine  Bakeshop  Milk/Water | Veggie Meatloaf  Mashed Potatoes  Bread (available)  Margarine  Corn  Salad  Salad Dressing  Bakeshop  Milk/Water | Cheese Quesadillas  Lettuce, Tomato, & Cheese  Broccoli & Rice  Salad  Salad Dressing  Bakeshop  Milk/Water | Veggie Lasagna Mashed Potatoes Bread (available)  Green Beans Salad Salad Dressing Bakeshop Milk/Water | Pasta w/veggie crumbles & sauce  Salad  Salad Dressing  Grated Cheese  Italian Bread  Margarine  Bakeshop  Milk/Water | All stopover meals during Saturday Dinner through Sunday Dinner will be served at the Medicine Bow Dining Hall |

Fresh Fruit will be available every Breakfast and Lunch.  
Special meals are available after firsts are served.  
Soy nut butter and jelly are available at all meals.  
Water is available at all meals.   
This menu is subject to change.