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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Scrambled EggsTortillasSalsaCheeseCerealMilkBreakfast Juice | PancakesMargarineSyrupCerealMilkBreakfast Juice | French ToastMargarineSyrupCerealMilkBreakfast Juice | Scrambled EggsHashbrown PattyCerealMilkBreakfast Juice | PancakesMargarineSyrupCerealMilkBreakfast Juice | Corn BreadFruitYogurtCerealMilkBreakfast Juice |
| Veggie Hot DogsBunsCheeseTater TotsKetchupMustardRelishCookiesBug Juice/Water | Grilled CheeseCrackersTomato SoupYogurtBug Juice/Water | Veggie PattiesBunsLettuceTomatoCheeseChipsMayonnaiseKetchup ApplesauceBug Juice/Water | Veggie NuggetsKetchup/BBQRollsCarrot SticksCelery SticksRanchCookiesBug Juice/Water | Veggie PattiesBunsLettuceTomatoCheesePicklesKetchup, MustardMacaroni SaladWatermelon Bug Juice/Water | Cold Veggie WrapChipsCookiesBug Juice/Water |
| Pasta w/veggie crumbles & sauceSaladSalad DressingGrated CheeseItalian BreadMargarine BakeshopMilk/Water | Veggie MeatloafMashed PotatoesBread (available)MargarineCornSaladSalad DressingBakeshopMilk/Water | Cheese Quesadillas Lettuce, Tomato, & CheeseBroccoli & RiceSaladSalad DressingBakeshop Milk/Water | Veggie LasagnaMashed PotatoesBread (available) Green BeansSaladSalad DressingBakeshopMilk/Water | Pasta w/veggie crumbles & sauceSaladSalad DressingGrated CheeseItalian BreadMargarineBakeshopMilk/Water | All stopover meals during Saturday Dinner through Sunday Dinner will be served at the Medicine Bow Dining Hall |

Fresh Fruit will be available every Breakfast and Lunch.
Special meals are available after firsts are served.
Soy nut butter and jelly are available at all meals.
Water is available at all meals.
This menu is subject to change.