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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Scrambled EggsTortillasSalsa, CheeseSausageCerealMilkBreakfast Juice | PancakesMargarine, SyrupSausage PattyCerealMilkBreakfast Juice | French ToastMargarine, SyrupSausageCerealMilkBreakfast Juice | Scrambled EggsBaconHashbrown PattyCerealMilkBreakfast Juice | PancakesMargarine, SyrupSausageCerealMilkBreakfast Juice | Corn BreadFruit YogurtCerealMilkBreakfast Juice |
| Hot DogsBunsChiliCheeseTater TotsKetchupMustardRelishCookiesBug Juice/Water | Grilled Ham and Cheese andGrilled CheeseCrackersTomato SoupYogurtBug Juice/Water | HamburgersBunsLettuce/TomatoCheesePicklesKetchup, MustardMacaroni SaladWatermelon Bug Juice/Water | Chicken TendersKetchup/BBQRollsCarrot SticksCelery SticksRanchCookiesBug Juice/Water | Chicken PattiesBunsLettuceTomatoCheeseChipsMayonnaiseKetchup/BBQPuddingBug Juice/Water | Cold Cuts TurkeyHamBreadMayo, MustardChipsCookiesBug Juice/Water |
| Pasta w/meat sauceSaladSalad DressingGrated CheeseItalian BreadMargarine BakeshopMilk/Water | MeatloafMashed PotatoesBread (available)MargarineCornSalad (available)BakeshopMilk/Water | Orange ChickenBroccoliRiceSalad (available)Bakeshop Milk/Water | Pot RoastMashed PotatoesBread (available) Green BeansSalad (available)BakeshopMilk/Water | Pasta w/meatballsSaladSalad DressingGrated CheeseItalian BreadMargarineIce CreamMilk/Water | All stopover meals during Saturday Dinner through Sunday Dinner will be served at the Medicine Bow Dining Hall |

Fresh Fruit will be available every Breakfast and Lunch. Individual salads are available at all dinners.
Special meals are available after firsts are served.
Soy nut butter and jelly are available at all meals.
Water is available at all meals.
This menu is subject to change.