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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Scrambled Eggs  Tortillas  Salsa, Cheese  Sausage  Cereal  Milk  Breakfast Juice | Pancakes  Margarine, Syrup  Sausage Patty  Cereal  Milk  Breakfast Juice | French Toast  Margarine, Syrup  Sausage  Cereal  Milk  Breakfast Juice | Scrambled Eggs  Bacon  Hashbrown Patty  Cereal  Milk  Breakfast Juice | Pancakes  Margarine, Syrup  Sausage  Cereal  Milk  Breakfast Juice | Corn Bread  Fruit  Yogurt  Cereal  Milk  Breakfast Juice |
| Hot Dogs  Buns  Chili  Cheese  Tater Tots  Ketchup  Mustard  Relish  Cookies  Bug Juice/Water | Grilled Ham and Cheese and  Grilled Cheese Crackers  Tomato Soup  Yogurt  Bug Juice/Water | Hamburgers  Buns  Lettuce/Tomato  Cheese  Pickles  Ketchup, Mustard  Macaroni Salad  Watermelon  Bug Juice/Water | Chicken Tenders  Ketchup/BBQ  Rolls  Carrot Sticks  Celery Sticks  Ranch  Cookies  Bug Juice/Water | Chicken Patties  Buns  Lettuce  Tomato  Cheese  Chips  Mayonnaise  Ketchup/BBQ  Pudding  Bug Juice/Water | Cold Cuts  Turkey  Ham  Bread  Mayo, Mustard  Chips  Cookies  Bug Juice/Water |
| Pasta w/meat sauce  Salad  Salad Dressing  Grated Cheese  Italian Bread  Margarine  Bakeshop  Milk/Water | Meatloaf  Mashed Potatoes  Bread (available)  Margarine  Corn  Salad (available)  Bakeshop  Milk/Water | Orange Chicken  Broccoli  Rice  Salad (available)  Bakeshop  Milk/Water | Pot Roast Mashed Potatoes Bread (available)  Green Beans Salad (available) Bakeshop Milk/Water | Pasta w/meatballs  Salad  Salad Dressing  Grated Cheese  Italian Bread  Margarine  Ice Cream  Milk/Water | All stopover meals during Saturday Dinner through Sunday Dinner will be served at the Medicine Bow Dining Hall |

Fresh Fruit will be available every Breakfast and Lunch. Individual salads are available at all dinners.  
Special meals are available after firsts are served.  
Soy nut butter and jelly are available at all meals.  
Water is available at all meals.  
This menu is subject to change.