

# PROGRAM ACTIVITIES LIST

The following are activities troops or patrols can sign up for. SPLs or Scoutmasters can sign up on Camp Doc before arriving at camp. Sign ups are also still available during your week here, you can inquire with your Program Commissioner or at the program center listed.

## Nature

### Dinosaur Caves Hike

Advanced Hike available over lunch

### Long and Ell Pond Hike

Advanced Hike available over lunch

### Hidden Lake Hike

Available 9-10:30, 10:30-12, 2-3:30, 3:30-5

### Wild Edibles Hike

Available 9-10:30, 10:30-12, 2-3:30, 3:30-5

### Geology Hike

Available 9-10:30, 10:30-12, 2-3:30, 3:30-5

### Pond Exploration

Available 9-10:30, 10:30-12, 2-3:30, 3:30-5

### Star Gazing

Available 8:30pm

## Challenge

### High Ropes Course & Zip Line

Available 9-10:30, over lunch, 2-3:30

### Low Cope

Available 9-10:30, 2-3:30

### HAT

Available during all program hours

### Gaga

Available during all program hours

### Giants Ladder

Available over lunch

### Crate Stacking

Available over lunch

### Climbing & Rappelling

Available 7-8

## Campcraft

### Fire Building Demo

Available 9-10:30, 10:30-12, 2-3:30, 3:30-5

### Orienteering Demo

Available 9-10:30, 10:30-12, 2-3:30, 3:30-5

### Ropework Plus Demo

Available 9-10:30, 10:30-12, 2-3:30, 3:30-5

### Backpacking Demo

Available 9-10:30, 10:30-12, 2-3:30, 3:30-5

### Leave No Trace

Available 9-10:30, 10:30-12, 2-3:30, 3:30-5

### Cooking Demo

Available 9-10:30, 10:30-12, 2-3:30, 3:30-5

## Target and Range Sports

### Axe Throwing

Available for free throw 10:30-12, 3:30-5;  
Troop signups available for other program hours

## Waterfront

### Adventure Island

Available 9-10:30, 10:30-12, 2-3:30, 3:30-5

### Canoe Overnight

Davis Site, hike or canoe during 7-8

Deer Cove, hike or canoe during 7-8

Hemlock Ledge, hike or canoe during 7-8

Hidden Lake, hike during 7-8

### Water Sports

Available 7-8

### Kayak Race

Available Tuesday 7-8

### Canoe Race

Available Wednesday 7-8

### Sailing Regatta

Available Friday 7-8

### War Canoe

Available during all program hours

