

Yawgoog Scout Reservation

Weekly Menu

Vegetarian

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Cold Cereal Pancakes Syrup Margarine Breakfast Juice Milk	Cold Cereal French Toast Syrup Margarine Breakfast Juice Milk	Cold Cereal Breakfast Pizza - Scrambled Eggs - Cheese Breakfast Juice Milk	Cold Cereal Pancakes Syrup Margarine Breakfast Juice Milk	Cold Cereal French Toast Syrup Margarine Breakfast Juice Milk	Cold Cereal Scrambled Eggs Flour Tortillas Salsa Shredded Cheese Breakfast Juice Milk	Cold Cereal Bake Shop Margarine Bananas Yogurt Breakfast Juice Milk
Lunch	Veggie Hot Dogs Tater Tots Ketchup / Mustard / Relish Packets Canned Fruit Water Bug Juice	Grilled Cheese Tomato Soup Crackers Fresh Fruit Water Bug Juice	Veggie Patties w/bun Ketchup / Mustard Lettuce / Tomato Pickles Potato Chips Yogurt Water Bug Juice	Veggie Sausage w/Peppers and Onions Grated Cheese Canned Fruit Water Bug Juice	Veggie Nuggets Ketchup / BBQ Rolls Carrot Sticks Celery Sticks Ranch Cookies Water Bug Juice	Cheese Pizza Carrot Sticks Celery Sticks Ranch Fresh Fruit Water Bug Juice	<p>Stop Over Meal at Medicine Bow Dining Hall 5:45pm</p>
Dinner	Pasta w/Vegetable Ragù Salad Salad Dressing Italian Bread Margarine Bake Shop Water Milk	Sauteed Vegetables Rice Pilaf Salad Salad Dressing Margarine Water Milk	Veggie Lasagna Salad Salad Dressing Grated Cheese Water Milk	Quesadillas Onions/Peppers Salsa Salad Salad Dressing Water Milk	Pasta w/Veggie Crumbles Salad Salad Dressing Grated Cheese Water Milk	Veggie Ribs w/Bun BBQ Sauce Mashed Potatoes Peas Salad Salad Dressing Ice Cream Water Milk	

Fresh Fruit will be available every Breakfast and Lunch

Special Meals are available after firsts are served

Sunflower butter and jelly are available at all meals

Water is available at all meals