

## Yawgoog Scout Reservation Gluten Free Menu 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Scrambled Eggs (GF) Wraps(K) Salsa (GF) Cheese (GF) Sausage (GF) Cereal(K) Milk/Breakfast Juice	GF Waffles (K) Sausage Patty (GF) Margarine Syrup Cereal (K) Milk/Breakfast Juice	GF Pancakes (K) Sausage (GF) Margarine Syrup Cereal (K) Milk/Breakfast Juice	Scrambled Eggs (GF) Bacon (GF) Hashbrown Patties (GF) Cereal (K) Milk/Breakfast Juice	GF Waffles (K) Sausage (GF) Margarine Syrup Cereal (K) Milk/Breakfast Juice	GF Pancakes (K) Sausage Patty (GF) Margarine Syrup Cereal (K) Milk/Breakfast Juice	GF Corn Muffin (K) Fruit (GF) Yogurt (GF) Milk/Breakfast Juice
Hot Dogs (GF) GF Buns(K) Tater Tots (GF) Ketchup, Mustard Relish Cookie (K) Bug Juice/Water	Grilled Chicken (K) GF Bun (K) Lettuce/Tomato/ Cheese (all GF) Chips (GF) Mayonnaise Ketchup/BBQ Applesauce (GF) Bug Juice/Water	Hamburgers (GF) GF Bun (K) Lettuce/Tomato/ Cheese (all GF) Ketchup Mustard Pickles (GF) Chips (K) Cookies (K) Bug Juice/Water	Chicken Tenders (GF) Carrot Sticks (GF) Celery Sticks (GF) Ranch Ketchup/BBQ Watermelon (GF) Bug Juice/Water	Sloppy Joes (GF) GF Bun (K) French Fries (GF) Cookies (K) Bug Juice/Water	GF Pizza (K) Carrot Sticks (GF) Celery Sticks (GF) Ranch Fruit Cocktail (GF) Bug Juice/Water	
GF Pasta w/meat sauce(K) Salad& Dressing Grated Cheese (GF) GF Bread (K) Margarine Bakeshop(K) Milk/Water	Beef Tacos (GF) Wraps (K) Lettuce/Tomato/ Cheese (all GF) Tortilla Chips (GF) Salsa (GF) Bakeshop (K) Milk/Water	Cheese Quesadillas (K) Rice (GF) Broccoli (GF) Bakeshop (K) Milk/Water	GF Pasta w/GF meatballs(K) Salad& Dressing Grated Cheese (GF) GF Bread (K) Margarine Bakeshop(K) Milk/Water	BBQ Chicken Breast (GF) Rice (GF) Green Beans (GF) Bakeshop (K) Milk/Water	Roast Turkey (GF) Mashed Potatoes (GF) Peas (GF) Ice Cream (GF) Milk/Water	

Fresh Fruit will be available beneath the coffee slide.

Special meals are available after firsts are served.

Soy nut butter and jelly are available at all meals.

Water is available at every meal.

This menu is subject to change. Any changes will be discussed at the Monday special meals meeting after breakfast.