

CAMP MEDICINE BOW



2024 PROGRAM HIGHLIGHT SHEET WEEKLY THEMES

<p><u>Week 1: Tropical Island Week</u> Come kick it back at Camp Medicine Bow during a week of island fun under the blazing sun. Make sure to drink lots of water so you can explore all that Island Medicine Bow has to offer. Pack a ton of sunscreen, and maybe a coconut too!</p>	<p><u>Week 2 Mystery Week:</u> Mmm, don't be confused Camp Medicine Bow has the answer for you! Come down this week to help solve some puzzles that we have stored up our sleeves. So join us all this week to uncover the hidden treasures of Medicine Bow.</p>
<p><u>Week 3: Heroes Vs. Villains Week</u> Through time and space, the battle between good and evil has been ongoing... From Batman vs The Joker to The Avengers vs Thanos, which side will reign supreme? Come down to Medicine Bow and choose your side once and for all. Will the Upper site Heros win? Or will the Dastardly Lower Campsite villains win control of camp? You decide!</p>	<p><u>Week 4: Pixar Week</u> All this week Medicine Bow comes alive as your favorite toy cowboy or favorite incredible superhero. This week we will highlight some of your favorite Pixar Movies like Finding Nemo, Monsters Inc., and so many more! If Mr. Fredricksen is up to fly his house across thousands of miles, Camp will surely be an adventure!</p>
<p><u>Week 5: Time Travelers Week</u> Welcome traveler to the year 2024, Medicine Bow's 95th year of Camp! All this week we will take you back and explore the wonders of the history of Elmo the Elk and Fred the Buffalo head as we have a blast from the past!</p>	<p><u>Week 6: Renaissance Week:</u> Hear ye! Hear ye! Medicine Bow is going back to the Renaissance era. Join us all this week to listen to Shakespeare's sonnets and see wonderful artwork done by Michelangelo!</p>
<p><u>Week 7: Summer Olympics Week</u> Lace up your shoes and grab your Olympic torch because we are having the summer Olympics at Camp Medicine Bow. We'll be having fun with all your favorite events this week. Put all of your scout spirit into the week, and you just might have a chance at taking home the gold!</p>	<p><u>Week 8: Action Week</u> Your mission if you choose to accept it is to come on down for an action-packed week at Camp Medicine Bow! From Top Gun to Fast and the Furious the high-octane energy will never end! Represent your favorite action movies with your action-packed decorations.</p>

Elmo's Troop of the Week

The Troop with the greatest participation, accomplishment, and Scout Spirit will earn the Bow's greatest honor, Elmo's Troop of the Week! Earning medallions from the activities may help you earn this honor, but it is not the only thing Elmo looks for! Representing the Scout Law, Oath, Motto, and Slogan, and having a positive attitude plays a key role in Elmo's judgment.

Fred's Troop of the Week

The Troop that displays the most Scout Spirit will earn this equally great honor, Fred's Troop of the Week! Earning medallions from the activities may help you earn this honor, but it is not the only thing Fred looks for! Representing the Scout Law, Oath, Motto, and Slogan, and having a positive attitude plays a key role in Fred's judgment!



Medicine Bow Troop Activities



Troop Tournament & Scoutmaster Tournament Get ready to go head-to-head with other troops each day after lunch in a certain sporting activity or scoutcraft skills competition. Events could include ultimate frisbee, volleyball, pioneering competitions, and many others! Scoutmasters will be competing each day after lunch in Horseshoes or Cornhole!

Sunday Night Welcome Campfire (Sunday) Join the Medicine Bow staff at 8 pm in the Medicine Bow Amphitheatre as we kick off the week with a great campfire accompanied by some skits and songs!

Silver CY Cracker Barrel (Monday) This event will occur in the Medicine Bow Dining Hall at 8:30 pm. It is required for Silver CY Candidates, Senior Patrol Leaders, and open for any senior boy leaders in the troop who may want to attend. The Program Commissioners will be providing a variety of skills and knowledge to develop their leadership capability!

Kayak Race (Tuesday) Head on over to Ashaway and make sure to bring your swimmers tag! This is a chance to race against other troops around the pond and show off your kayaking skills! The Winner of the kayak race gets announced at the Dress Parade!

Scavenger Hunt (Tuesday) The Scavenger Hunt is a fun and fast-paced scramble to acquire all of the items on a list. The list will be given to two representatives at the Medicine Bow dining hall at 8:15 pm. The items should be returned to the dining hall by 9:00 pm to be judged! Results will be announced at the following breakfast.

Bake-Off (Wednesday) The Bake-Off is a tasty and creative way for troops to get involved! Each Troop will bring their own ingredients and submit a baked dessert or food item to the stage of the Dining Hall by 5:30 pm. The judging of the Bake-Off will take place directly following dinner. Entries will be judged based on taste, level of difficulty, and relation to the theme! The item must be baked! (Dutch ovens available if requested)

Canoe Race (Wednesday) A race against the rest of Camp Yawgoog! Send two troop representatives to take a canoe from the Medicine Bow Waterfront and paddle to Ashaway Aquatics Center, directly following dinner. The race starts at 7:15 pm! Show that you have what it takes to be the best paddlers in camp!

Trivia Night (Wednesday) Join our staff and the Yawgoog Alumni Association at 8:00 p.m. in the Medicine Bow Dining Hall for our new trivia night! Answer a series of questions and compete against the rest of the reservation for some awesome prizes!

Snacks with the Staff (Wednesday) Ever wonder what it's like to work at camp? Come on down to the staff lounge at 8:30 pm to hang out and grab some snacks with the Medicine Bow Staff! Get the chance to ask them questions, share some stories, or learn more about us and our experience! We have staff from all over the country who could share a thing or two!

Costume Contest (Thursday) Show off your spirit by attending dinner in a fantastic costume dressed for the theme of your week. Each troop will be able to send one representative to the stage at dinner to show off their troops' camp spirit. Do not forget that how well your entire troop dresses up is a huge part of the scoring.

Campsite Decoration Contest (Thursday) Troops should use creativity and scouting skills to decorate their campsite to match the week's theme! Decorative gateways and fun props are always a great way to show off your scout spirit! The Program Commissioners will be judging each campsite directly following dinner!

Sailing Regatta (Thursday) The Sailing Regatta takes place directly following dinner at the Ashaway Aquatics Center. The race begins at 7:00 pm and is an exhilarating opportunity to show you are the best sailing crew in all of Yawgoog!

Road Race (Friday) Race a mile across all three camps! Send one competitor from your troop to the bell tower at 11:45 for a description of the course and get ready to race at noon.

Swim Carnival (Friday) After lunch, there will be a fun-filled competition at the waterfront! There will be all types of aquatic events such as the Relay to the Tin Man! No one can forget the immense creativity we always see in the Scoutmaster Splash, too!

Friday Night Show As the week winds down, there is always the Friday Night Show to look forward to! After we line up on Marvel Road at 7:15 pm, we will walk down to the J. Harold Williams Amphitheater. All three camps join together to watch a great performance put on by the staff!

Dress Parade (Saturday) At 9:55, all of the troops will line up to be recognized for their weeks' worth of hard work and accomplishment. We will all come together for one last time on the Tim O'Neil Field. Be sure everyone in your unit has a full class A uniform for the parade!